



National Press Associates

CERTIFICATE OF PUBLICATION

This is awarded to

Subharamani N

For Publication of Paper Titled

**YOGA FOR PEAK PERFORMANCE AND FLOW STATE IN
ELITE ATHLETES- A STUDY**

For National Research Journal Titled

“Academe Journal of Education & Psychology”

Special Issue: The Significance of Multidisciplinary Research in Driving Innovations and Breakthroughs

Volume-16, (Special Issue: March 2026)

(Peer Reviewed Refereed Research Journal)

ISSN: 2249-040X Impact Factor: 6.25



Publisher



Website:

www.npajournals.org